

PUREED

COMPLETE DINNER MENU (soup, entrée & dessert) for \$6.50

SOUPS

	Carb.	Protein	Fat	Calories
481 Beef & Barley	13.6 g	4.1 g	2.0 g	86.9
482 Homemade Vegetable	10.4 g	3.8 g	1.1 g	69.0
483 Cream of Tomato	18.0 g	1.9 g	0.9 g	85.2
484 French Pea	17.2 g	8.0 g	1.2 g	109.4
485 Cream of Mushroom	14.0 g	6.9 g	8.4 g	156.9
487 Lentil	19.8 g	7.7 g	0.4 g	110.0

ENTREES

	Carb.	Protein	Fat	Calories
581 Poached Fish with parsley potatoes, peas & carrots	34.2 g	31.3 g	2.2 g	283.3
582 Fish Creole with mashed potatoes and green beans	18.6 g	29.6 g	3.5 g	222.1
583 Grilled Salmon with parsley potatoes & peas	43.3 g	26.6 g	11.6 g	386.3
584 Chicken a la King with mashed potatoes, peas & carrots	27.4 g	16.6 g	10.9 g	268.9
585 Chicken Cacciatore with mashed potatoes and squash	22.0 g	23.7 g	7.1 g	244.0
586 Roast Turkey with mashed potatoes and carrots	45.4 g	29.7 g	11.4 g	403.8
587 Roast Beef with mashed potatoes and peas	15.1 g	39.0 g	11.1 g	324.7
588 Braised Liver with mashed potatoes and broccoli	15.2 g	26.8 g	7.5 g	238.1
589 Pineapple Ham with mashed potatoes and green beans	60.4 g	28.7 g	7.0 g	419.7
590 Roast Pork with mashed potatoes and carrots	13.0 g	26.3 g	8.8 g	241.8
591 Chicken Supreme with mashed potatoes and broccoli	19.4 g	26.3 g	11.6 g	286.3
592 Meat Loaf with mashed potatoes and parsnips	25.9 g	25.8 g	23.2 g	417.6

DESSERTS

	Carb.	Protein	Fat	Calories
681 Fruit Cocktail	33.3 g	0 g	0 g	140.1
682 Apple Sauce	27.0 g	0 g	0 g	105.8
683 Chocolate Pudding	33.2 g	5.2 g	4.5 g	177.6
684 Peach Slices	25.0 g	0 g	0 g	102.9
685 Pear Slices	36.2 g	0 g	0 g	144.7
686 Vanilla Pudding	13.8 g	2.1 g	2.1 g	80.9
687 Butterscotch Pudding	26.6 g	3.8 g	3.8 g	150.7
688 Rhubarb & Vanilla	9.0 g	1.6 g	1.2 g	51.0

